

FHM Program 2025 Updates Town Hall

Town Hall Webinar

July 30, 2024



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PROMOTING THE HEALTH OF
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Housekeeping Notes

- All attendees are on mute.
- We will leave time at the end of the presentation for questions. Please submit questions via the Q&A application throughout the presentation.
- All AWHONN webinar attendees are expected to abide by the [Virtual Code of Conduct](#).
- If you have technical difficulties, please try to log in using a different browser.
- We will be recording this presentation and will make the recording available on the AWHONN website.
- There are no nursing contact hours available with this presentation.



Questions

Questions we are unable to address during this webinar may be submitted to: FHM@awhonn.org



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MONITORING
PROGRAM



Publication and Dissemination

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Presenter & AWHONN Staff Leader



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Director of Fetal Heart Monitoring Programs



AWHONN FHM Team

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Director, FHM Operations & Customer Support



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FHM Program Specialist



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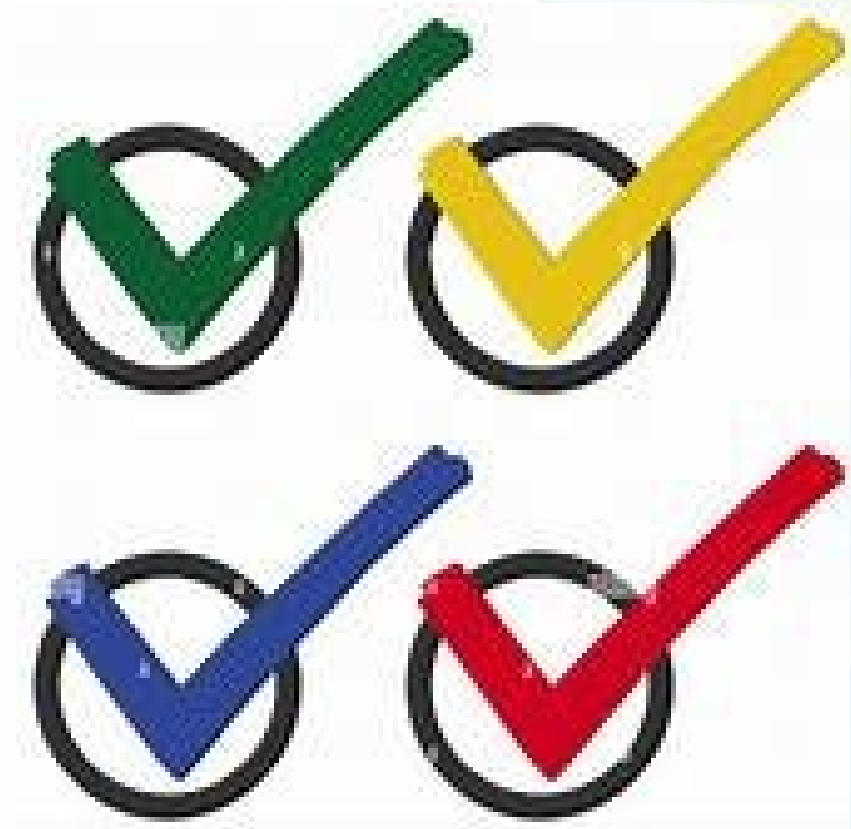
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Town Hall Agenda

- Process for the course revisions
- Overview of revisions
 - Clinical
 - IFM
 - AFM
 - IIW
 - Administrative
 - IFM
 - AFM
 - IIW
 - General Guidelines
 - Course Scripts
 - Recommended Renewal Date



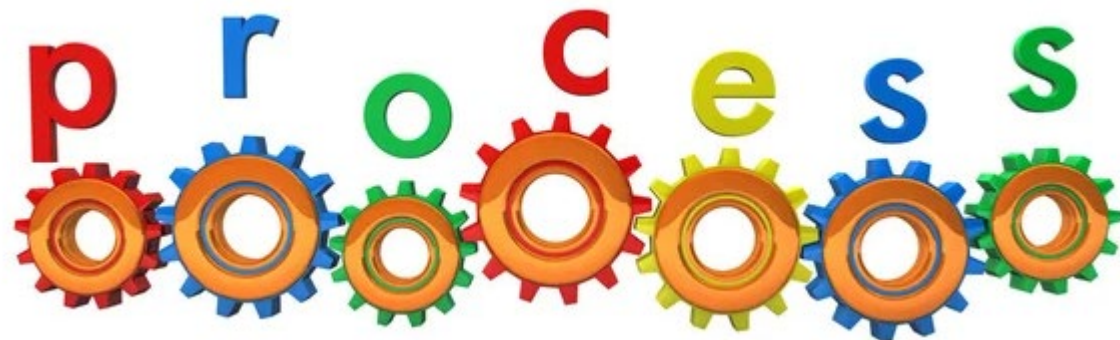
Process

Call for IFM, AFM, and IIFM contributors and reviewers in 2022

Alicia Newton
Deb Castile
Gordon Sherard, MD
Jen Atkisson
Jennifer Kendrick
Lori Ley
Mallorie Suffield
Nancy Comello
Paula Richards
Susan Drummond
Toni Swinton
Tracey Rippon

17 pilot tests in March 2024

IFM, AFM, and IIFM piloted
Comments, errors, and suggestions
incorporated from instructors and
participants
In 8 states



2025 FHM Course Revisions

- Available early 2025
- Completely updated with content and images
- No more thumb drives!
 - The FHM courses will be available as a download files
- All Instructor Resource Manuals have been reduced by over 100 pages
- Nurse contact hours and CME for the courses are:
 - IFM: 11.5 hours
 - AFM: 8 hours
 - Instructor: 6 hours



Clinical Content Updates



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Intermediate Fetal Monitoring (IFM) Clinical Content

Online Prerequisite:

Module 1: Data Collection
Module 2: Influences on FHR Patterns
Module 3: Interpretation
Module 4: Leopold Maneuvers video
Module 5: Techniques
Module 6: Intermittent Auscultation
Module 7: IUPC / FSE video

Instructor-led in-person (1 day)

Interpretation
Interventions
Evaluation and Synthesis
Skill Stations:
 3 Case Scenarios
 9 Short Practice Tracings
 Leopold Maneuvers
 FSE/IUPC insertion



Intermediate Fetal Monitoring

- The online portion has knowledge checks rather than a post-test
 - Unlimited attempts to pass the knowledge checks
 - 4.5 hours to complete
 - Closes 48 hours before the in-person class date
 - Unlimited access to review the education until the day of the course if the online portion is completed.
- The in-person portion
 - 7-hour in-person course
 - Added Physiological Birth positions
 - The Short Practice tracing and Case Scenarios are included as separate books (in the full IFM teaching materials) as well as in the slides with the script
 - MFTI scores added to all triage case scenarios



Included Resource Documents

NICHD Descriptive Term and Categories

2008 Three-Tier FHR Interpretation System

Fetal Heart Monitoring Decision Tree

ACOG's Algorithm, of Category II Fetal Heart Rate Tracings

Thieme Shields Algorithm, of Category II Fetal Heart Rate Tracings

Coping with Labor Algorithm

Laboratory Normal Values by Trimester

SBAR

IFM Course Validation Form

Short Practice Tracings Answer sheets

AWHONN Membership Flyer



Overall course information

- CNE and CME hours have been updated to reflect the course content
- All references have been updated
- All Triage cases have Maternal Fetal Triage Index (MFTI) scores
- Vital Signs are included on the tracings
- All tracings are at least 10 minutes in length
- The course has been reorganized to cover concepts at one time
- All graphics have been updated with new images on the cases



Knowledge Integration Test

- The test will remain a required part of the course.
- The test has been updated with four answers per question.
- The test will be in a different order for participants
- There is still a requirement to achieve 80% or greater to pass the class and receive a certificate
- There will be 3 attempts to pass the test
- The questions that were missed the most have been replaced with new questions



Advanced Fetal Monitoring (AFM) Clinical Content

- Culture of Safety
- Physiological Adaptations
- Complex Case Studies
- 5 required and 3 cases that the instructor is to choose one of the three to discuss



Advanced Fetal Monitoring

- Virtual option still available to teach
 - Maximum of 24 participants in one AFM course
- Mandatory post-test after the AFM course
- Complex Case Scenarios
 - 5 mandatory case scenarios
 - Choose one of three case scenarios that are relevant to your class
- Vital signs added to all the FHM tracings
- MFTI scores added to all triage case scenarios



Included Resource Documents

- NICHD Descriptive Term and Categories
- 2008 Three-Tier FHR Interpretation System
- Fetal Heart Monitoring Decision Tree
- ACOG's Algorithm, of Category II Fetal Heart Rate Tracings
- Thieme Shields Algorithm, of Category II Fetal Heart Rate Tracings
- Coping with Labor Algorithm
- Laboratory Normal Values by Trimester
- SBAR
- Oxyhemoglobin Dissociation Curve
- Maternal Early Warning Signs Protocol
- Obstetrics Life Support Algorithm
- Debrief Worksheet
- AWHONN Membership Flyer



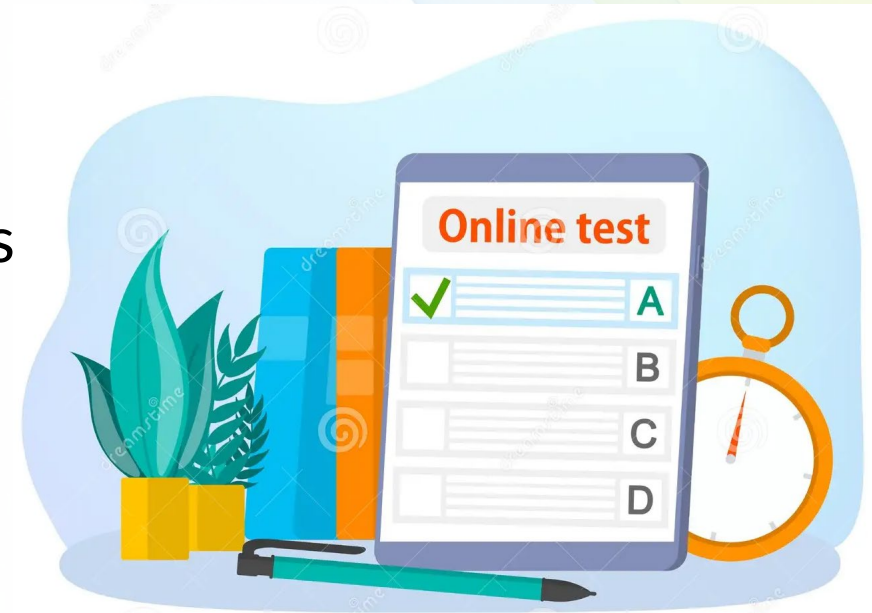
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Knowledge Integration Test

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Intermediate Instructor Workshop (IIW)

Clinical Content

Online Prerequisite:

- Principals of Adult Education

Instructor-led in-person

- Welcome
- Micro Teach
- Instructor Resource Manual and Website
- Teaching Skills Stations



Overall course information

- CNE hours have been updated to reflect the course content
- All references have been updated
- All graphics have been updated with new images on the cases
- The course has been reorganized so that Teaching Skills Stations are last in the workshop
- The microteach slides will be integrated into the instructor manual and course presentation
- No need to go from IIW to IFM and back to IIW presentations
- Peer feedback forms are in the participant workbook- you do not have to make copies



Administrative Guidelines



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IFM

- The online prerequisite course outline with the script will be a separate spiral-bound book
- The short practice tracing and case scenarios will be in the course outline with script
- The short practice tracing and case scenarios will also be included as a spiral-bound book (qty 2)
- All of the “answers” will be in the script of the slides
 - No flipping pages to find the answers
- The IRM will be reduced by over 100 pages.
- The instructions for how to find items on the FHM Instructor webpage will be on the webpage
- All resource documents are included in the IRM



AFM

- The IRM will be reduced by over 100 pages
- The instructions for how to find items on the FHM Instructor webpage will be on the webpage
- All resource documents are included in the IRM



IIW

- The AWHONN FHM team will continue to provide Instructor Trainers with their manual
- The microteach slides will be integrated into the course outline with script
- The instructions for how to find items on the FHM Instructor webpage will be on the webpage



AWHONN FHM Instructor Responsibilities (IFM and IIW)

- Register the course and receive a Course ID number
- This allows participants 30 days to access the online prerequisite learning before attending the in-person course.
- Provide participants with the course number and Instructor ID number to access the online prerequisite learning.
- Verify the participants completed the online prerequisite before they attend the course.
- Participants cannot attend the in-person course if all the online modules are not completed.
- Instructors have access to the online roster 30 days before the course.
- Instructors must indicate “pass” in the system after in-person courses
- Participants cannot access the online knowledge test, feedback form, and receive the CNE/CME certificate until they have been marked as passed
- Participants' names will populate the prerequisite roster upon entry to the online education.
- If the prerequisite education is completed, participants' names will populate the in-person attendee roster.
- Instructors will have the ability to move participant’s prerequisite learning to another course



AWHONN FHM Instructor Responsibilities (AFM)

- Register the course and receive a Course ID number
- There is no online prerequisite for the AFM course
- The instructor must put the participant's name and email address on the online course roster on the day of the AFM course (the spelling MUST match!)
- Provide participants with the Course ID number to access the mandatory knowledge test after the course
- Participants cannot access the online knowledge test, feedback form, or receive the CNE/CME certificate until they are on the roster



Course Participant Portal

- The participant materials include instructions about accessing the online platform.
- Participants have access to complete the online learning prerequisite starting 30 days before the in-person course date. Access ends 48 hours before the in-person course.
- Participants have unlimited access to review their online learning after they have completed it up until the day of the course
- After completing online education, participants can submit questions to Instructors to discuss and respond to during the classroom experience.



General Guidelines



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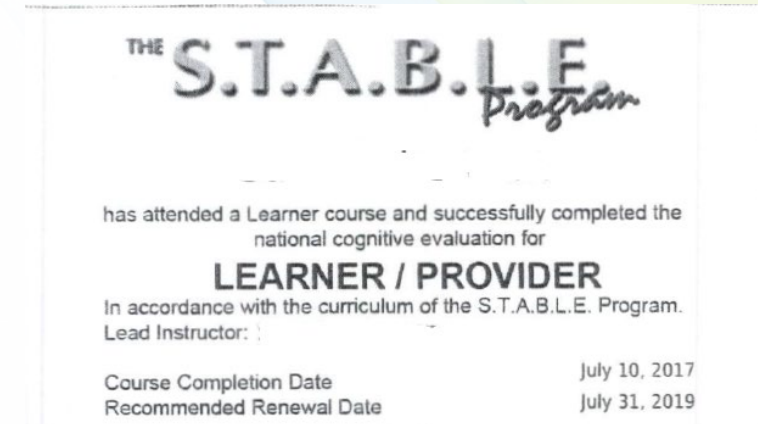
Course Scripts

- Scripts are NOT to be read verbatim. The scripts are provided to support the standardized presentation of the AWHONN Fetal Monitoring Courses.
- Instructors are expected to prepare before all courses, becoming familiar with related material from the *Fetal Heart Monitoring Principles and Practices* textbook and publications listed in the course references.
- Reproduction of materials is prohibited except as expressly directed in the Instructor Resource Manuals. Violations of copyright laws may result in the termination of Instructor approval status.
- Instructor disclosures are required at the onset of all AWHONN courses.



Recommended Renewal Date

- The AWHONN Fetal Monitoring Program is adding a “Recommended Renewal Date” to the instructor-led courses. The recommended renewal date will be two years from the last day of the month and the year you complete your fetal monitoring course. We are making this change to be consistent with the American Heart Association and the American Red Cross in heart resuscitation courses including BLS, ACLS, PALS, NRP, and other equivalent courses.
- Similar to S.T.A.B.L.E. and ALSO, AWHONN has selected “Recommended Renewal Date” to be on the certificate rather than “Expiration Date”.



Recommended Renewal Date (cont.)

- AWHONN will not monitor whether individuals or hospitals follow this recommendation. It will be up to the individual hospital/employer policies to make that decision.
- AWHONN will not give guidance as to what course should be taken every two years, as that will be dependent upon the nurse taking the course. In some instances, the nurse should re-take the same course they took; in other instances, they should complete a more advanced AWHONN course, if available. Again, these will be directed by hospital policy and not an AWHONN requirement.



Town Hall Future Dates

- October 1, 2024, at 4:00 PM EST
- December 4, 2024, at 4:00 PM EST
- January 14, 2025, AT 4:00 PM EST



Open Forum



Moderator:

We will be posting the slides on the FHM Instructor portion of the AWHONN.org website after the Town Hall is completed.

Please add your questions or comments to the questions and answers.

For more information, please email fhm@awhonn.org

