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MODULE 1  
(2.25 nursing contact hours)  
Foundations  
• Harm in health care  
• Patient safety and risk management  
• Sources of perinatal liability  
• Respectful maternity care

MODULE 2  
(2.5 nursing contact hours)  
Reproductive Overview and Adoptions of Pregnancy  
• Reproductive anatomy and physiology  
• Issues with infertility  
• Embryonic and fetal development  
• Physiologic changes and psychosocial adaptation  
• Prenatal assessment and screening

MODULE 3  
(3.5 nursing contact hours)  
Process of Labor and Birth  
• Factors affecting labor  
• Labor and fetal assessment  
• Stages of labor  
• Labor support and pain management

MODULE 4  
(3.25 nursing contact hours)  
Complications With Labor and Birth  
• Labor induction and augmentation  
• Abnormal labor patterns  
• Prevention of primary cesarean/assisted birth  
• Obstetric complications  
• Patient with increased BMI

MODULE 5  
(3 nursing contact hours)  
Cesarean Birth and Post Anesthesia Care  
• Anesthesia  
• Preoperative care  
• Intraoperative care  
• ERAS in obstetrics  
• Sterile technique and infection prevention  
• Cesarean birth and post anesthesia care

MODULE 6  
(3.75 nursing contact hours)  
Perinatal Infections  
• Sexually transmitted infections  
• Perinatal infections in pregnancy  
• Maternal vaccinations

MODULE 7  
(5.25 nursing contact hours)  
Antepartum Complications  
• Preterm labor and birth  
• Multiple gestation  
• Bleeding in pregnancy  
• Hypertensive disorders in pregnancy  
• Trauma in pregnancy

MODULE 8  
(3.75 nursing contact hours)  
System Related Complications of Pregnancy  
• Cardiac disease  
• Hematologic disorders  
• Respiratory disorders  
• Endocrine disorders  
• Gastrointestinal disorders  
• Hepatic disorders

MODULE 9  
(2.75 nursing contact hours)  
Postpartum Assessment and Care  
• Postpartum physiology  
• Vaginal birth  
• Cesarean birth  
• Adaptation to parenthood  
• Discharge process

MODULE 10  
(3 nursing contact hours)  
Postpartum Complications  
• Postpartum hemorrhage  
• Disseminated intravascular coagulopathy  
• Postpartum infections  
• Thromboembolic disorders  
• Genital Tract/Pelvic Floor concerns  
• Hypertensive disorders in the postpartum period  
• Postpartum mood and anxiety disorders

MODULE 11  
(2.5 nursing contact hours)  
Newborn Transition to Extraterine Life  
• Preparing for birth  
• Newborn transition  
• Thermoregulation  
• Transitional complications

MODULE 12  
(3.25 nursing contact hours)  
Newborn Assessment, Routine Care, and Discharge  
• Newborn assessment  
• Routine newborn care  
• Newborn discharge

MODULE 13  
(2.25 nursing contact hours)  
Newborn Nutrition  
• Breastfeeding Overview  
• Milk expression  
• Breastfeeding challenges  
• Breastfeeding assessment  
• Supplementation

MODULE 14  
(2.25 nursing contact hours)  
Newborn Clinical Deterioration  
• Respiratory disorders in the newborn  
• Congenital heart defects  
• Sepsis in the newborn

MODULE 15  
(2.25 nursing contact hours)  
Newborn Conditions Affecting Care and Outcomes  
• Growth and maturational issues in the newborn  
• Newborn hypoglycemia  
• Hyperbilirubinemia  
• Newborns with substance exposure

MODULE 16  
(3.5 nursing contact hours)  
Perinatal Loss  
• Perinatal nursing and loss  
• Bereavement, grief, and mourning  
• Cultural and spiritual aspects of loss  
• Parent grief  
• Care of bereaved families  
• Caring for the caregiver

Earn up to 49 nursing contact hours. Expiration date: June 2, 2027.
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